

The First Day of Circus Camp

I am going to Circus Camp and it will be lots of fun. I will wear sneakers and comfortable clothes. I will bring my own lunch and a snack for morning and afternoon.



Welcome & Gathering

When I arrive at the front door, I will tell the people my name and they will give me a name-tag. A teenager will walk me down to the cafeteria and show me where to put my bag. This is called the “Stuff Room. The Stuff Room is the quiet room later in the day, if I need to take a break.



There will be some free time in the cafeteria where I can play with hula-hoops or juggling balls, or I can color a picture. There will be other kids playing, and some upbeat music.

Introductions, Tour and Warm ups

On the first day, I will learn the teacher’s names. I will also have a tour of camp so I know where everything is. We will also go over the schedule in the morning. Sometimes the schedule may change, but the teachers will do their best to let me know the new plan.



During warm-ups, all the campers will stand in a circle, and the teacher will lead us in warm-ups. We will begin to stretch and move a little.

First Class (Art, Dance, Comedy or Juggling)

After warm-ups, we will divide up into small groups. On the first day, I will try each class. The classes include art, dance, comedy acting and juggling.



Second Class

My small group will go to the second class. I will be with the same group of people.



Snack

After the second class, I will take a break and eat the snack that I brought with me. If the weather is nice, we will eat snack outside.



Third Class

After snack my group will go to the third class.

Fourth Class

The fourth class is the last class of the morning. Now I have had a sample of each activity. I can think about which classes I enjoyed the most.



Announcements/Pick Classes

All the campers will come together so the Camp Director can make announcements. At this time, I will select the classes I want take for the rest of camp. I can pick 3 out of the 4 options: Art, Dance, Comedy and Juggling.



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Lunch

At lunchtime, I will go to my bag and get my lunch. If the weather is nice, I will eat outside.



Quiet Time (or Advanced Art for Older Campers)

After lunch, we will have quiet time. I can take a rest, read a book, play a game, or talk quietly. This is a good time to relax. Older campers who have been at Open Hand for several years will have the option to participate in Advanced art project during Quiet Time.



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Introduction to Circus

Peter, the Camp Director will talk about the Circus Performance. He will explain about the different acts that make up the Circus, and how each of us kids will participate. I may still have some questions about the Circus, and that's OK. I'll learn more every day.



Flag Run

The Flag Run is the opening Circus Act. All of the kids participate – the teachers will show me what to do.

Snack

In the middle of the afternoon I will have a snack and a little time to relax. If the weather is nice, we will go outdoors.



Mini Session

A mini session is a time when we will work on a special project, or learn something new. The topics change each day, but my teachers will tell me what I need to know.

Circus Act/Art Project/Acting Workshop

During the afternoon, I will prepare for our performance. This may include rehearsing in the gym or the cafeteria, or going to the art room. This is a great time for me to practice so I become more comfortable performing.



Clean up and games

At the end of the day we spend a little time cleaning up. Then we play some games as a group.



Goodbye

My parents will arrive at 5:00 to pick me. I'll be back again tomorrow.

